

新人看護師が複数の患者を同時に受け持つ体制下で直面する 多重課題対応不全を生み出す因子

——KJ法を活用した新人看護師の面接内容の構造化から

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要約

本研究では、新人看護師が複数の患者を同時に受け持つ体制下で直面する多重課題対応不全を生み出す因子を明らかにした。新人看護師7名を対象に半構造化面接を行い、KJ法を活用して構造化した。結果、新人看護師の多重課題対応不全を生み出す構造は【過去の実習姿勢のまずさ】と【複数患者受け持ちによる業務・課題の同時多発への対応困難】の狭間で深刻な自立困難感に陥っているという感触を主軸としたものであった。【過去の実習姿勢のまずさ】は、未だに【勉強が上手くできない】状況を生み、知識・理解の不足は【病態と症状、治療が繋がらない】状況を惹き起こしていた。臨床では【専門性・個別性の障壁】に突き当たり、複数の複雑な患者を受け持つ上で弊害となる【看護業務優先度の判断困難】をもたらしていた。さらに、病棟内では、【人間関係の不全】【報告の不手際】にも悩まされ、自身の感じている不全感を解決する手段・方法においても未熟さを克服するのが困難な状況にあった。特に重要な課題として、基礎教育では実習段階で（つまり、学生のうちに）学修姿勢を確立させなければならないことが考えられた。

キーワード

新人看護師, 多重課題, 対応不全, 看護実践能力, KJ法

Title

Factors That Lead to Errors While Multitasking in Newly Graduated Nurses Simultaneously Caring for More Than One Patient: Analyzing the Interview Data of Newly Graduated Nurses Using the KJ Method

Abstract

We aimed to study the factors that lead to errors while multitasking in newly graduated nurses simultaneously caring for more than one patient. Data were collected from seven newly graduated nurses using semi-structured interviews and were analyzed using the KJ method. The factors of insecurity reported by the participants were based on the “problem [in] learning attitude toward past practical training” and the “difficulty dealing with simultaneous multiple risks of tasks and challenges in dealing with more than one patient.” The former resulted in “uncertainty regarding [participants’] learning” and a “lack of knowledge and understanding of pathological conditions, disease symptoms, and cures.” Furthermore, the participants “lacked confidence in their expertise and individuality” in the clinical setting, which resulted in “difficulty in identifying nursing-related priorities.” They were also affected by an “absence of human relationships” and a feeling of “incompetence when reporting on patients.” Consequently, the participants lacked the emotional and professional preparedness to overcome their insecurities. In basic nursing education, students’ learning attitudes must be sufficiently developed during practical training.

Key words

newly graduated nurses, multitasking problems, errors while multitasking, practical nursing abilities, KJ method